



SAULTEAUX HEALING & WELLNESS CENTRE INC.

BOX 868 KAMSACK, SK S0A 1S0

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In- Patient Treatment Program

The Saulteaux Healing and Wellness Treatment Centre's Program is 42-day treatment program that operates on the Cote First Nation. SHWC can house up to 18 clients. Clients attending the SHWC will have the opportunity to participate in a variety of cultural and/or faith-based activities. In addition, clients are equipped with the tools and strategies to help them overcome their addiction and past trauma from a First Nation perspective.

PROGRAM TOPICS			
Abandonment	Forgiveness	Trust & Confidentiality	
Addictive Brain	Loss and Grief	Traditional Parenting	
Anger Management	Healthy Lifestyles	Trauma & Addiction	
Alcohol & Its Effects	Lateral Violence	Triggers	
Boundaries/Personal	Life Skills	Understanding Anxiety	
Co-dependency	Mapping Community Resources	What is Addiction	
Change Process	Medicine Wheel Teachings	Medicine Wheel Case Plan	
Choices	Methadone & It's effects	Structure & Non-Structure Society	
Communication	Natural Law/Life-Givers	Family Roles	
Domestic Violence	Parenting	Sexual Abuse	
Drugs/Street Drugs	Prescription Drugs	Effects of Drugs	
Dynamics of Separation	Psycho-Dramatic Bodywork	Self-esteem	
Life's Journey			
CULTURAL ACTIVITIES			
-Smudge/ Prayer Ceremony	-Traditional Teachings	- Sweetgrass Teachings	- Traditional Tea picking
-Sweat Lodge Ceremony	-Traditional Parenting	- Sage Teachings	
ADMISSION REQUIREMENTS			
<p>Saulteaux Healing and Wellness Treatment Centre Inc. is NOT medically equipped facility; therefore, we CANNOT accept applications with behaviors that require psychiatric help (i.e; schizophrenia, bi-polar, personality disorders or prescribed anti-psychotic medication, suboxone, methadone). Clients must be free from psychiatric conditions.</p>			
<p>1.Clients need to be Referred by NNADAP, Mental Health Worker or Appropriate Referral Agent.</p>			
<p>2.Clients need their Covid-19 test results 2 weeks prior to Intake.</p>			
<p>3.Clients must be detoxed at least 7 – 10 days prior to attending.</p>			
<p>4. Must have a valid Provincial Health Card</p>			
<p>5. Must be 18 years and older.</p>			
<p>6. Application package must be fully completed including the medical forms are to be completed by a doctor or medical practitioner.</p>			
<p>7.Applicants must not have and legal and/ or medical appointments or court appearances while attending the SHWC treatment program.</p>			
<p>8.Couples are not admitted into the same six-week program.</p>			
<p>9.Comfort allowance must be arranged prior to admission.</p>			
<p>10.Clients who incarcerated must be discharged a minimum of 30 days prior to the date they are applying for entrance into treatment. No court appearances allowed during the 6-week treatment program.</p>			
<p>11. Clients must bring their prescribed medication in a bubble or blister pack. *ensure (42 DAY SUPPLY)</p>			

RECOMMENDATIONS

1. Be prepared to follow a structured environment
2. The 1st week of treatment is BLACK-OUT-WEEK.
3. Bring appropriate clothes that is reflective of the season (see the Rules & Regulations).
4. Arrange for comfort allowance prior to attending the SHWC treatment program.
5. PROGRAMMING ATTENDANCE IS MANDATORY NO EXCEPTIONS.
6. Participation is expected every day for six weeks.
7. Treatment is not a holiday – it is YOUR workday.
8. All medical and dental appointments should be taken care of prior to attending treatment.

PROGRAM DATES: *COVID-19 VACCINE AND TEST RESULTS ARE TO BE INCLUDED WITH MEDICAL*

INTAKE 040	November 8 – December 17, 2021	Deadline: Nov 1/ 2021
INTAKE 041	January 10 – February 18, 2022	Deadline: Jan 3/ 2022
INTAKE 042	February 28 – April 8, 2022	Deadline: Feb 14/ 2022
INTAKE 043	April 18 – May 27, 2022	Deadline: May 13/ 2022
INTAKE 044	June 6 – July 15, 2022	Deadline: May 23/ 2022

*****Clients and personal belongings will be thoroughly checked upon arrival and checked upon departure*****

*** ALL APPLICATIONS MUST BE IN TEN DAYS PROIOR TO INTAKE***

Applications/ Referral agents who have submitted applications, should not assume automatic acceptance into the program. Once these positions are filled, a wait list is started. As cancellations occur, we will be drawing from the wait list. Only completed packages will be placed on the wait list.

Applicants / Referrals agents must inform our Intake/Reception as to arrival of clients.

All medications must be clearly identified. If they are not clearly identified, the medication will not be administered.

Medical and dental problems must be taken care of prior to admission.

Washer and dryers available for use.

Visiting Hours; (1:00pm – 4:00pm) starting 2nd Saturday of admission.

Calling MONDAY, WEDNESDAY & FRIDAYS after BLACKOUT WEEK.

HOURS of outgoing calls: 4:00pm- 9:00pm (*subject to change*)

REFERRAL PROCEDURE

- Clients names will not be out on an intake list until the completed forms are in our possession
- COVID-19 VACCINE CARD AND TEST RESULTS ARE REQUIRED WITH MEDICAL
- *Medical Forms are MANDATORY; we do not admit anyone without a medical
- A formal list of ALL past convictions in writing, attach the probation order, conditions and state the court date.
- If a mental health assessment has been done for the client, please include.
- The next available intake date will be assigned, upon approval from Director/ Intake committee.
- A confirmation letter and copy of attendance contract will be sent to you upon accepted into the program.
- Clients with children IN CARE – Please -attach: Child(s) Protection Worker’s name and Agency’s contact information.
- Childcare is arranged

CLIENT INFORMATION CHECKLIST

- Comb/brush
- Shampoo/ Conditioner
- Suitable Clothing
- Proper Apparel if attending Sweat lodge's - shorts(male) -skirts(females)
- Prescribed Medication (bubble packed)
- Toothpaste/ Brush
- Feminine Hygiene Products
- Sleep wear
- Running Shoes

IF YOU SMOKE, PLEASE, BRING ENOUGH CIGARETTES FOR THE 6 WEEKS

WHAT NOT TO BRING

- Cell phones
- Cameras
- Laptops
- iPod
- mood altering drugs
- non-prescribed
- Perfume/ Cologne
- Inappropriate clothing (tank tops, sleeveless tops, skin-tight or low riding pants and hats)
- Large sums of money
- Expensive jewelry
- Pornography (adult magazines or posters) or adult toys
- Personal bedding

Any outside food (pop, chips, gum, bars, fruit, Etc.) will be confiscated upon arrival

“Our Generation needs Regeneration”
Let us create a healthy pathway for future generations.

ATTENDANCE CONTACT

This Contract must be faxed back to SHWC Treatment Centre prior to admission date.

Important Conditions

1. Clients are required to participate 100% in all programming throughout the 42 days, which includes all group outings.
2. Clients must be free of alcohol and/or drugs for at least 7-10 days prior to the treatment date.
3. Medical and dental problems have been taken care of prior to your intake date.
4. Travel Arrangements to and from SHWC Treatment Centre have been made.
5. Childcare arrangements have been made.
6. Financial arrangements, including comfort allowance have been made.
7. The client has no appointments or court dates of any kind during his/her 6 weeks (42 day) stay.
8. Clients informed family/friends that he or she cannot receive telephone calls until the 8th day of his/her treatment.

Client Signature

Date

Referral Agent Signature

Date

PLEASE SIGN AND RETURN

Acceptance letters will be sent out via Fax, E-mail, or Mail
(Applicant is expected to confirm their attendance as soon as possible).

MISSION STATEMENT

To provide a holistic addictions treatment program that will assist people in developing and maintaining an addictions free lifestyle, that promotes building healthy individuals, families and communities for all nations.